

Obtain a small stool sample with provided Applicator Stick. Apply thin smear in box A.



6 Close flap. Store Test Card in this paper envelope. Let dry.

<u>Do not store</u> smeared test card in any moisture-proof material (e.g., plastic bag).



5 Reuse Applicator Stick to obtain a 2nd sample from a different part of stool. Apply thin smear in box B. Flush tissue and stool ONLY. Discard stick and plastic wrap (if used) in waste container.



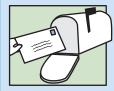
fc

Repeat steps 2 through 5 for Day 2 and Day 3.

THIRD: Returning the test



Current U.S. Postal Regulations prohibit mailing completed Test Cards in this or any other standard paper envelope.

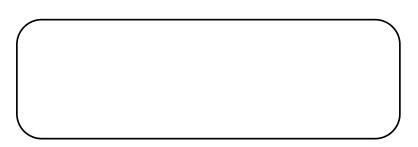


- Insert completed and overnight air-dried Test Card into enclosed U.S. Postal Service approved Mailing Pouch.
- 2. Peel tape from flap. Fold flap over. Press firmly to seal.
- 3. Deliver or mail sealed Mailing Pouch to <u>your physician or laboratory</u> within **10 days** of **Day 1** Collection Date.

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Contents: Hemoccult II SENSA e^{ilite} Test Card • 3 Applicator Sticks 1 Mailing Pouch • Patient Instructions

Patient Screening Kit

Physicians' #1 Choice in Enhanced Fecal Occult Blood Testing

Hemoccult | SENSA elite





Safe...Simple...Life-Saving



Hemoccult II SENSA elite

Physicians' #1 Choice in Enhanced Fecal Occult Blood Testing

Patient Instructions: READ COMPLETELY FIRST: Preparation before taking the test

OKAY TO EAT! • Pork, chicken, turkey and fish • Fruits and vegetables • High-fiber foods (e.g., whole wheat bread, bran cereal, popcorn) • Acetaminophen (Tylenol*) • Up to one adult aspirin (325 mg) a day



AVOID!

7 days prior and during testing :No more than one adult aspirin (325 mg) a day

 No other non-steroidal anti-inflammatory drugs such as ibuprofen (Motrin*, Advil**). NOTE: Please talk to your physician or pharmacist if you have any questions about medications you take regularly.



 ${f 3}$ days prior and during testing :

• No red meat (beef, lamb, or liver)



 No more than 250 mg vitamin C a day from supplements, and citrus fruits and juices. An average orange contains approximately 70-75 mg vitamin C. 100% of the recommended daily allowance of vitamin C is 60 mg. NOTE: Some iron supplements contain vitamin C in excess of 250 mg.

SECOND: Taking the test on 3 different days



IMPORTANT

- Do not take test if blood is visible in your stool or urine (e.g. menstruation, active hemorrhoids, urinary tract infection).
- Remove toilet bowel cleaners from toilet tank and flush twice before collecting stool.
- For best results, prevent stool from contacting toilet water. Other clean, dry containers may be used if desired.
- Protect Test Card from heat, light, and volatile chemicals (e.g. ammonia, bleach, bromine, iodine, and household cleaners).

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If you have questions after reading all instructions, contact your doctor.

- 1 Write your name, ID# (if known), and physician's name on front of Test Card.
- 2 Fill in Day 1 Collection Date. Open Day 1 flap.
- Urinate before bowel movement, if possible. Collect stool using one of the options below.

Tissue + Plastic Wrap (preferred)



- Flush toilet.
- Obtain 2 foot piece of plastic wrap (not included).
- Lift lid and seat of toilet.
- Secure plastic wrap across back half of bowl, allowing middle to hang down just above water.

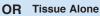


- Unfold tissue (provided) halfway.
- Place tissue on top of plastic wrap.
- Lower seat.



• Have a bowel movement.

Go to 4.





- Flush toilet.
- Unfold tissue (provided) completely.
- Float tissue on surface of water.



 Allow edges to stick to sides of bowl.



• Have a bowel movement.



